COTNER COLLEGE EDUCATIONAL MINISTRIES

P. O. Box 6337, Lincoln, Nebraska 68506 Telephone: 402.476.0359 www.disciples-ne.org

CLERGY RETREAT 2024 FEBRUARY 12TH - 14TH

An opportunity for fellowship, renewal, and continuing education. Designed for and open to all clergy and their spouse/partners.

Registration Form

Deadline to Register: January 26th

Theme and Focus: *LeaderWise* will be our resource group for our retreat as they will provide training on *Clergy Boundaries, Ethics, and Navigating Family Systems* (see detailed description on page 2).

Name:			<u> </u>
Email:			
Address:			
Contact Phone:			<u></u>
Payment Cost Incl	udes Even	t Fee, Room, and Meals:	
Single Occupancy	\$130		
Double Occupancy:	\$125		
Commuter p/p:	\$125		
Type of Room: (Please	e circle your	request)	
Single Occupancy		Double Occupancy Room:	
Commuter p/p:		Roommate:	

- <u>3 Payment Options</u>: 1) Complete this form, print it, and mail it with a check to the regional office;
- 2) Complete this form and submit by email and mail a check; or
- 3) Print and Mail or Email this form and use OR code below for secure credit card payment.

LeaderWise – equips leaders with the tools they need to live healthy lives. Through counseling services, leadership assessment, and leadership development, LeaderWise supports local churches and our leaders. Their workshops include Navigating Turbulent Times with Emotional Intelligence, Navigating Conflict, Managing Conflict Before It Happens, and Boundaries Training (see details below). Visit their website to look for yourself, and see what they can bring to us in May, and maybe for future needs in the times to come.

Website: https://www.leaderwise.org/

Description of Not-Your-Average Boundaries Training

It's our experience that pastors, church staff, and other leaders who transgress boundaries by-and-large are not predators. In fact, not even close. Most people in ministry who violate boundaries are individuals who know and follow the rules most of the time but whose judgment may be impaired due to an unusually stressful time in their lives. With that in mind, Not-Your-Average Boundaries Training is tailored to focus on strategies to foster a person's well-being. While we still cover the requirements— "Don't sleep with a parishioner unless you're married to them" and the like —we believe the best prevention is to encourage clergy to take steps to manage their stress in order to maintain balance and perspective when temptation arises. We further teach a 4-step strategy to help stop them in their tracks before they commit a boundary violation; and participants leave with their own personal prevention plan.

This training is lively and interactive, full of reflection and conversation—and even laughter. Attendees have given us feedback that our boundaries training was a great experience AND caused them to re-evaluate some of their own practices.

Description of Beyond Boundaries

With systems theory as the backdrop, this boundaries training investigates the well-being of the leader and the implications for the organization. Topics to be explored through presentation and collegial interaction include resiliency, differentiation, and self-regulation. Expand your learning through large and small group discussions, interacting with case studies, and times of self-reflection. Join us for practical insights about decision making and relational interactions, plus glean encouragement to continue your pursuit of holistic health.

Please Mail Fees and Registration to:

Christian Church in Nebraska PO Box 6337 Lincoln, NE 68506

OR Email to:

candomgr@ccnebr.org

Important Information:

Dates: Feb 12th – 14th, 2024 Location: St. Benedict Center Address: 1126 Rd. I, Schuyler, NE

Check In: 4:00 PM Check Out: 11:00 AM

Scan this QR Code with the camera on your phone to be Directed to a secure on-line payment portal. Please pay \$125 or \$130 per the selection you've made above on this form.

